

Excellence in rural healthcare



Welcome to Ashby Ward

Lincoln County Hospital
Telephone: 01522 572380

www.ulh.nhs.uk

The Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please email the Patient Information team at patient.information@ulh.nhs.uk

Welcome to Ashby Ward

About the ward

Ashby Ward is an 18-bedded unit providing rehabilitation to patients with long-term neurological conditions as well as those who have traumatic/acquired brain injuries and need complex rehabilitation. Patients, family and carers are critical to the rehabilitation process and are heavily involved in contributing to the programme.

Admissions

All admissions are planned and there is no emergency access to the unit. Patients must be medically stable and able to tolerate and comply with therapy intervention for a reasonable period.

Patients are admitted for an initial period of assessment to determine what help can be offered. If Ashby Ward is not appropriate for the patient following assessment, then an appropriate discharge destination will be discussed.

What to expect during your stay

While we understand that family and carers often wish to help their loved ones, we do encourage patients to do as much for themselves as they can and patients are expected to put the skills they attain in therapy into day-to-day use on the ward.

We do our best to respect patients' wishes with regards to their fatigue, but please be aware that if you are regularly refusing therapy sessions then you may be deemed inappropriate for rehabilitation and discharged.

Patients also benefit from times of social interaction. If you are able to and it is appropriate, we will include you in group sessions. We also encourage patients to participate in social

Contact information

Ashby Ward Main Reception
01522 572 380

Physiotherapy
01522 512 512 ext 582 582

Occupational therapy
01522 512 512 ext 582 582

Lincolnshire Wheelchair Services - Millbrook Healthcare
03332 400 101

Speech and language therapy
01522 512 512 ext 582 972

Neuropsychology
01522 573 696

Dietetics
01522 573 418

Electronic Assisted Technology Services
01522 697 282

Carers First
03003 031 555

Social services
01522 573 109

To help us with the prevention of infection please ensure that you follow the information at the entrance of the ward and individual rooms.

Please do not bring large amounts of cash with you. No responsibility can be accepted for loss or damage to patients' property.

Smoking

United Lincolnshire Hospitals NHS Trust has a no smoking policy and smoking is only permitted in the designated smoking areas which are signposted within hospital grounds.

Unfortunately Ashby Ward staff are not able to facilitate assisting patients to designated smoking areas and would ask that patients make their own arrangements with family or friends during visiting times if they wish to make use of this facility.

If you have any feedback or suggestions about your care or the service, please let us know.

activities planned on the ward and it is expected that patients will take their meals in the day room if they are able to.

Rehabilitation is a goal oriented process and patients will be supported to reach their full potential in terms of functional ability and independence, with goals being reviewed regularly in conjunction with the patient and family.

Each patient is allocated a key worker who works alongside the multidisciplinary team and coordinates regular meetings to keep everyone abreast of the patient's progress and goals. They will also discuss discharge planning which starts as soon as the patient is admitted.

As you come to the end of your rehabilitation on the ward, we may need to transfer you to another ward or an intermediate care bed while final preparations are being made for your departure. This enables other patients to access the ward as soon as possible to start their rehabilitation.

The specialist outreach discharge liaison nurse will facilitate the rehabilitation/discharge process by liaising with the patient, family or carer.

The following services are available during your stay. Please speak to a member of staff for more information.

- Daily newspaper
- TV - by Hospedia (formerly Patient line)
- Radio/cassette/CD player/RITA
- Books/magazines/talking books/Kindles
- Chaplaincy services
- PALS

Visiting times

Visiting times are seven days a week from 2pm to 4pm and then from 6.30pm to 8.30pm.

The ward also operates protected meal times.

If you experience any difficulties with visiting during these times, then please discuss with sister Ogunyemi or the nurse in charge.

Engaging with you

We encourage our patients and their families to ask questions about their treatment, to clarify anything they are not sure of and provide us with information which could be helpful. This can be during meetings or when you see a member of your team on the ward.

We understand that fatigue levels vary from patient to patient, so we ask that family and friends stick to the visiting times and that there are no more than two visitors at a patient's bedside. It is important to allow adequate time for rest and relaxation.

If for any reason your visitors need an exception to these rules, please speak to a member of staff.

Who you'll meet

During your stay you will meet various members of the Ashby Ward team.

The team includes two rehabilitation medicine consultants, Dr Thamarassery Abdulrasheed and Dr Vicki Williams. They are supported by a specialty doctor (at registrar/middle grade level) and a junior doctor (FY2).

The clinical lead for Therapies and Rehabilitation Medicine is Anita Cooper and the ward sister is Olubunmi Ogunyemi.

The ward sister is supported by a junior sister, specialist outreach discharge liaison nurse and a team of trained nurses and health care support workers.

These include:

- Occupational therapists
- Physiotherapists
- Speech and language therapists
- Dietitians
- Neuropsychologists
- Clinical nurse specialists (part of the community outreach team)

You may also meet people from other teams we work closely with, for example:

- Social services
- Electronic Assistive Technology Services (EATS)
- Wheelchair services
- Carers First
- Doctors and nurses from other departments

Cash, property and valuables

A lockable draw is provided for each patient. Any electrical items you wish to use on the ward will need to be PAT tested first. Patients are expected to wear their own clothes and suitable footwear for rehabilitation purposes and we ask that you label all personal items.